

Your family room plan: Strong

Prepared for **Sample report - Sharma family** · 3 bedrooms · 3 family entries · checked on your floor plan

93/100 Household score (best plan)	71/100 Your rooms today	0 Rooms needing fixes	0 Spare bedrooms
--	---	---	--

Your bedrooms suit your family well. Follow the room set-up on the next pages to get the most from each room. Moving to this plan raises your score by 22 points.

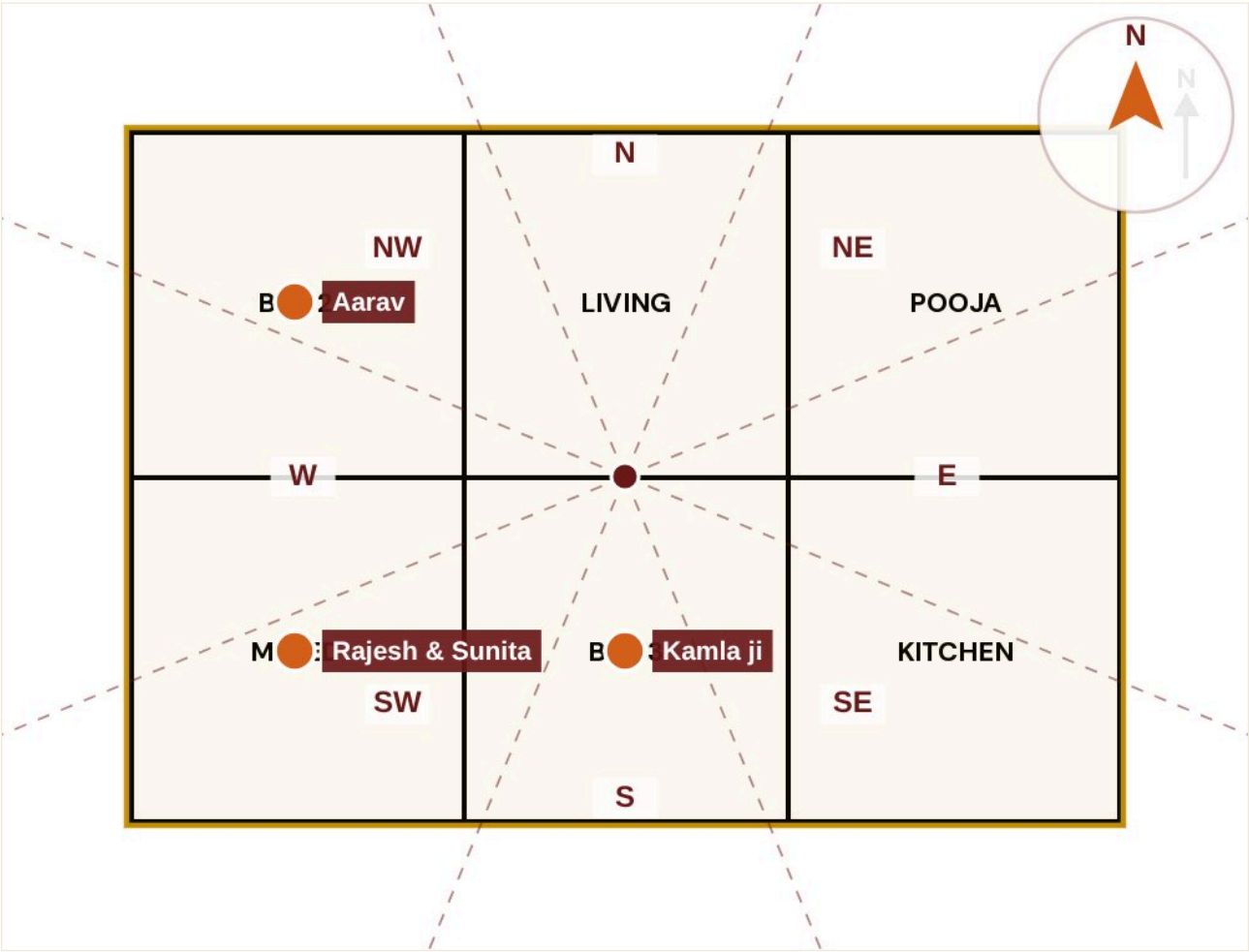
Who sleeps where (North at top)

NORTH-WEST Aarav	NORTH	NORTH-EAST
WEST	CENTRE keep open	EAST
SOUTH-WEST Rajesh & Sunita	SOUTH Kamla ji	SOUTH-EAST

Room plan at a glance

Family member	Type	Best room	Score
Rajesh & Sunita	Head of family (main couple)	Bedroom 2 · South-West · 242.2°	100 · Strong
Kamla ji	Elderly parent(s)	Bedroom 3 · South · 180°	90 · Strong
Aarav	Child (under 13)	Bedroom 1 · North-West · 297.8°	85 · Strong

Your floor plan



Gold line: the outer walls you marked. Dotted lines: the 8 zones from the true centre. Labels: who sleeps in each bedroom.

Exact direction of each bedroom

Bedroom	Bearing	Zone	16-zone	Who sleeps here
1	297.8°	North-West	WNW	Aarav
2	242.2°	South-West	WSW	Rajesh & Sunita
3	180°	South	S	Kamla ji

North: set by you on the plan. Directions are measured from the true centre of the outline you marked (its centroid), in degrees clockwise from North. Rooms within 5° of the line between two zones, and rooms close to the centre, were confirmed by you.

Each family member's room

In Vastu, every direction carries its own element and energy. Traditionally, giving each person the zone that suits their role and stage of life is linked with deeper sleep, harmony between family members, good health and steady prosperity. Below: why each room suits its person, how to set it up, and fixes where a room is weaker.

Rajesh & Sunita · Head of family (main couple)

Bedroom 2 · South-West · 242.2°

Zone ruler: Nirriti · element: Earth

100/100 · Strong

WHY THIS ROOM

The Nairutya corner, traditionally linked with stability, authority and protection, the classic place for the head of the household.

WHAT SUITS THEM

The South-West is traditionally the zone of earth, stability and authority, so it goes to the person or couple who runs the home and takes its big decisions. South comes next. Best directions: South-West, South.

SET UP THE ROOM

- Sleep with the head to the South (East is next best)
- Bed against the south or west wall of the room.
- Wardrobe, locker or heavy chest in the room's south-west corner.
- No mirror facing the bed; keep the room free of a puja shelf.

COLOURS FOR THIS ROOM

Use: Beige, sand, light brown, peach

Avoid: Bright white walls, blue, black

This room already suits them well. Keep the set-up above and the room clean and uncluttered.

Kamla ji · Elderly parent(s)

Bedroom 3 · South · 180°

Zone ruler: Yama · element: Earth

90/100 · Strong

WHY THIS ROOM

Yama's direction, traditionally suited to heavy, closed rooms and deep, settled sleep.

WHAT SUITS THEM

Elderly parents are traditionally given a settled, stable room: South first, then the South-West or West. If they still head the household, choose 'Head of family' for them instead. Best directions: South, South-West, West.

SET UP THE ROOM

- Sleep with the head to the South
- Ground-floor room if possible, with a clear path to the bathroom.
- A small prayer or reading corner in the room's north-east is fine for elders.
- Warm, steady lighting and calm, light-warm colours.

COLOURS FOR THIS ROOM

Use: Soft coral, light terracotta, beige

Avoid: Blue, black

This room already suits them well. Keep the set-up above and the room clean and uncluttered.

Bedroom 1 · North-West · 297.8°**85**/100 · Strong

Zone ruler: Vayu · element: Air

WHY THIS ROOM

Vayu's air corner, traditionally linked with movement and change: good for guests, young couples and grown children who will move on.

WHAT SUITS THEM

Children's rooms are traditionally best in the West or North-West. Young children can also use the North, East or even the North-East, which is light and calm. Best directions: West, North-West.

SET UP THE ROOM

- Sleep with the head to the East or South
- Bed in the room's south-west part; study table facing East or North.
- Bright, cheerful accents on light walls; toys stored on the west side.
- No heavy shelf above the bed.

COLOURS FOR THIS ROOM**Use:** White, light grey, cream**Avoid:** Dark red, heavy dark tones

This room already suits them well. Keep the set-up above and the room clean and uncluttered.

Your rooms today vs the best plan

Today's household score is 71; the best plan scores 93.

Family member	Today	Best plan	Move?
Rajesh & Sunita	Bedroom 1 · North-West · 297.8° (60)	Bedroom 2 · South-West · 242.2° (100)	Move
Kamla ji	Bedroom 2 · South-West · 242.2° (85)	Bedroom 3 · South · 180° (90)	Move
Aarav	—	Bedroom 1 · North-West · 297.8° (85)	Move

When your family changes

Families change, and the best room plan changes with them. We re-ran your plan for the changes most likely in your home:

When Aarav turns 13 · household score 91

No one needs to move.

Your room checklist

Print this page and tick each item as you do it.

- ☐ Move Rajesh & Sunita to Bedroom 2 · South-West · 242.2°
- ☐ Move Kamla ji to Bedroom 3 · South · 180°
- ☐ Nobody sleeps with the head to the North.



No mirror facing any bed.



No sleeping directly under a beam; if you must, a false ceiling or canopy softens it.



Keep the centre of the home open and uncluttered.



Bedroom doors open fully and do not creak.

Your next step

AI Floor Plan Analyzer

Your whole home: kitchen, toilets, pooja room and centre
vastuiq.com/ai-vastu-floor-plan-analyzer/

Main Door Vastu Checker

Your entrance: direction, pada and fixes
vastuiq.com/main-door-vastu-checker/

Brahmasthan Calculator

Find your home's exact centre
vastuiq.com/brahmasthan-calculator/

How this plan was made

Each family member, or couple, has a 0-100 score for each of the eight directions. The head of family, child and guest scores are the same bedroom scores used in the VastuQ Vastu Analyzer. Every possible arrangement was tried and the one with the highest weighted total was kept (head of family $\times 1.5$, elderly parents $\times 1.2$, couples $\times 1.1$, grown children and teenagers $\times 1.0$, young children $\times 0.9$, guests $\times 0.6$). Couples are never placed in a North-East or South-East room while another room is free, and guests only get rooms the family has not taken.

VastuQ's Family Room score is guidance based on traditional Vastu principles and VastuQ's defined method. Classical texts say which directions suit bedrooms; matching each family member to a room is modern practice, and practitioners differ. It is not a scientific measurement or a guarantee of health, harmony or any other outcome. Questions about this report: info@vastuiq.com (quote FRV-2026-0EBACD1D).

© 2026 VastuIQ · Zirakpur, Punjab, India